



**PensMeadowSchool**  
*Living, Growing, Learning*

## Family Outreach Newsletter



Pens Meadow and Halesbury Schools Working  
Together to Support Families

### Latest News!

#### The expansion of Family Outreach

November has seen an exciting change to the Family Outreach Team. We now have another Family Support Worker joined the team who is working a few hours each week at our Pens Meadow sites.

Jayne is a former parent of the school whose son left Pens Meadow in July 2014. Jayne has a wealth of knowledge and personal experience of what it is like to be a parent/carer of a child with a disability making her a valuable source of information for others.

Jayne's son is now successfully accessing an adults provision which has allowed time for her to join the Family Outreach Team. Jayne will be supporting the new Post 16 Coffee Mornings and working alongside Jo and Michelle to support parents.

#### Website

Family Outreach has also been given another exciting opportunity to develop this month- a new website!

Our new website will be professionally designed and built and separate to each of the school sites although easily accessible through a quick link. This will give Family Outreach more control of the site making it better for us to manage and provide a more positive user experience for parents and carers with information being clearer and easier to access.

It will provide families from all three sites with a central hub in which information can be shared. The content will remain similar to the current sites providing a wide range of information relevant to our families.

Due to this upcoming change you may have noticed our current pages on the school websites looking slightly neglected this is because we are busy collating information for the new site so it can go live as soon as possible so please bare with us. If you need any up to date information which you cannot find on our website or newsletters please do not hesitate to contact us.



## December Diary Dates

Date	Time	Activity/Event	Location	Cost/Further Information
01/12/15	9.30-11.30	Triple P Sleep Workshop	Halesbury School	Free
04/12/15	9.30-11.30	Bread Club	Pens Meadow Ridge Hill	£5
07/12/15	10am	Christmas Play	Pens Meadow Ridge Hill	Tickets must be requested from school in advance
08/12/15	10am	Christmas Play	Pens Meadow Ridge Hill	Tickets must be requested from school in advance
08/12/15	9.30-11.30	Bread Therapy	Halesbury School	Free
11/12/15	9.30-11.30	Flower Arranging	Pens Meadow Ridge Hill	£3. Please bring a church candle and decorate plate
13/12/15	12-3pm	Christmas Fayre	Halesbury School	Entry on door Adult: £1 Child: 50p
14/12/15	10.30-11.30	Post 16 Parents Coffee Morning	Pens Meadow Post 16	Free
14/12/15	1.15pm	Christmas Play	Halesbury School	Tickets must be requested from school in advance
15/12/15	9.30am	Christmas Play	Halesbury School	Tickets must be requested from school in advance
18/12/15	9.30am	Pens Meadow Parents End of Term	Weatherspoon's Merry Hill	Cost of own breakfast

# Christmas Fayre

**Halesbury School**

**Sunday 13th December**

**12pm-3pm**

**Live music from the Saxophonics**

**Visit from Santa**

**Stalls and Children's Activities**

**Entry on the door: Adults £1 Children 50p**

'Friends of Halesbury'



December 2015

## ***Triple P-A programme to support our Parents/Carers***

### **What is Triple P?**

*Triple P is a 8 week programme that helps parents by bringing them together to share the challenges, explore possible strategies and techniques that may help you and your and child at home.*

*Triple P can help build positive relationships with children, encourage praise and appropriate behaviour, teach children new skills, set rules and give instructions for their children to follow, deal with bad behaviour and help parent/carers to take care of themselves.*

### **Is Triple P for parent/carers who can't cope?**

*Absolutely not. There is no right way to be a parent, but Triple P offers information and support that cuts through the confusion. You won't be judged or told what to do. You'll have a chance to choose the ideas which suit you and your family, then try them out at home.*

*Every family has different problems but often people find that others in the group have similar difficulties. The groups are supportive and no problem is too big or too small.*

### **When is Pens Meadow's Triple P Programme?**

*Pens Meadow's Triple P Course Starts on Monday 22nd February 2016 9.30-12pm. Groups meet for two and a half hours each week and it lasts for 4 weeks. After this you can expect one to one telephone/face to face support for 3 weeks. The course finishes with a group meeting to celebrate completion of the course. The course will take place at Pens Meadow Post 16, Tiled House Lane, DY5 4LN*

### **Dad's Triple P**

*We are also looking to provide an 8 week Triple P Group Just for Dads. The group would run for 2 hours per week in the evening in a venue that dad's would feel comfortable in. If you would be interested please contact Michelle.*

### **How do I join the group?**

*If you are interested in joining this group please contact: Michelle Cox-Coley  
01384 818945 or email: [cox-coleym@halesbury.dudley.sch.uk](mailto:cox-coleym@halesbury.dudley.sch.uk)*



## Family and Adult Learning

Over the last term we have had some new and interesting sessions in school with parents. At Halesbury we have put on some workshops around education such as phonics and communication and also revisited some of our families favourites such as bread therapy and tried something a bit different with Laughing Yoga.

At Pens Meadow we have had lots of craft sessions including flower arranging, glass poppy making and Christmas crafts as well as our monthly bread club. At Pens Meadow we have also begun to have parent led sessions, beginning with Mrs Moreton and Mrs Bennett both holding a craft sessions this half term.

All our sessions are based around feedback from parents and carers and what they would like to spend their time doing. If you would like to come and join us on a Tuesday or a Friday morning at any of our sessions all parents from Halesbury, Pens Meadow and Post 16 are welcome. Also if you have a skill or talent you would like to share in school by running a parent led workshop please contact Jo or Michelle.



## Contact Us!

**Telephone:** 01384 818630    01384 818945

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Family Outreach' tab on **school website**.

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