

# **Family Outreach Newsletter**



Pens Meadow and Halesbury Schools Working
Together to Support Families

### In School News

- Autumns here, the children have been back in school for a month now and are settling in well!
- Over the last month Family Outreach have spent
- lots of time meeting our new families at home
- and introducing our service. This will continue
- throughout the Autumn term for those parents/
- carers who we have not yet contacted.
- Over the coming weeks Family Outreach will be
- at lots of in school events such as parents
- evening, harvest festival and class assemblies.
- Please come and say "Hello"!
- Plans for the Christmas Fayre are beginning this month and more details will be posted on the
- Novembers newsletter. Any support families
- would like to give would be much appreciated.
- We are holding a 'Friends of Halesbury' meeting
- on October 14th which will involve some
- Christmas Fayre planning, all are welcome to
- attend.

# Family Learning

Following enquiries from a number of parents we shall now be opening our Family Learning at both sites to all parents. This will mean that Halesbury parents can attend our Friday morning sessions at Pens Meadow and Pens Meadow parents can attend our Tuesday morning sessions at Halesbury.

We understand that our families are not always living in the locally to school and that many parents have commitments such as work which prevent attendance but we are hoping this will enable more parents, carers and grandparents to attend our sessions.

Details of all our sessions at both sites will now be published on newsletters and on the website. If you need any further information or to book a place at a session please contact Jo or Michelle.

### **October Diary Dates**

Friday 9th October 9.30-11.30 Laughing Yoga @ Pens Meadow

Tuesday 13th October 9.30-11.30 Bread Therapy @ Halesbury

Wednesday 14th October 10am Friends Of Halesbury Meeting

Thursday 15th October Parents Evening (Class Teacher contact parents regarding Appointments)

Friday 16th October 9.30-11.30 Laughing Yoga @ Pens Meadow

Tuesday 20th October 9.30-11.30 Bread Therapy @ Halesbury

Thursday 22nd October 9.30am Harvest Festival @ Halesbury

Friday 23rd October School Breaks up for Half Term

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## Triple P Discussion Group—'Developing Good Bedtime Routines'

Do you have a child aged 18 months to 10 years?

Would you like them to sleep all night?

In their own bed?

Without calling out or coming downstairs?

Worried your child doesn't sleep for long enough?

Night Mares or Night Terrors?

Come to our short workshop about any difficulties you may be facing with sleep.

**30/11/15** 9:30-11:30am at

Little Hands Childrens Centre, Colley Lane, Halesowen, B63 2TN, 01384 815723

1/12/15 9:30-12:30am at

Halesbury School, Feldon Lane, Halesowen, B62 9DR, 01384 818630

12/11/15 9:30-12:30pm at

Lutley Primary School, Brookwillow Road, Halesowen, B63 1BU, 01384 818220

# **Autism Friendly Cinema Screenings**

- October's films
  - **Pixels (12A)** at selected Cineworld cinemas on Sunday 4th October at 11am.
- **Hotel Transylvania 2** (2D) at selected Showcase cinemas on Sunday 11th October at 10am.
- Hotel Transylvania 2 (2D) at selected ODEON cinemas on Sunday 18th
   October at 11:30am.
- Pan (PG) on Monday 19th October at 6pm. This is at nine selected cinemas taking part in the ODEON trial screenings for older audiences.
  - For further information contact your local cinema or please see:
- <u>http://www.dimensions-uk.org/support-services/autism-care/autism-friendly-screenings/?</u>
- On this website you will also find resources that may support your child to ac-

cess the cinema such as Social Stories.

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# **Friends of Halesbury**

This year Family Outreach are hoping to re-establish the 'Friends of Halesbury' group within school and we plan to begin this process by inviting all parents, carers and family members to join us on Wednesday 14th October at 10am for our first 'Friends of Halesbury' meeting.



The agenda for this meeting will be introducing ourselves, the Friends of Halesbury concept and planning this year's Christmas Fayre. We believe families have many valuable ideas, skills and talents that can be utilised by encouraging and including parents in the planning of things like school events and projects.

If you would like to attend the 'Friends of Halesbury' meeting please contact Jo at Family Outreach. Everyone is welcome and we look forward to seeing you.

If you have any questions or would like further information please do not hesitate to contact Jo Hall or Michelle Cox-Coley at Family Outreach.

Let's Dance — Dance Classes for Children with Special Needs

Spaces are available in some of our dance classes held at Quarry Bank Community centre on Saturdays:

Ballet 3:30 - 4pm

Musical theatre 4-5pm

Street/freestyle/rock and roll

5-6pm

Tap 6-6:30pm

For more information or if you would like to come along please contact

Anna at

Lets Dance' on Facebook or at letsdancefuturestars@gmail.com.

## "Recommended by a Friend"

Family Outreach often receive recommendations of suitable places for our families to visit following positive experiences. These can be practical from doctors to dentists to fun places such as play areas and days out. This space gives us an opportunity to share these with others. If you have any recommendations you feel our families would benefit from please contact Jo or Michelle to share these!

### **Space Hoppas Soft Play Area**

http://www.spacehoppas.co.uk/visits-for-community-groups-and-carers project.htm

Offers free entry to children with disabilities.

### **Boing Zone Trampoline Park**

http://www.boingzone.co.uk/special-needs/

Many parents have reported excellent experiences at Boing Zones special needs sessions.

#### Contact Us!

**Telephone:** 01384 818630 01384 818945

Email: JHall16@pens-meadow.dudley.sch.uk

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Facebook: Family-Outreach Halesbury-Pensmeadow

'Family Outreach' tab on school website.

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